

ปรับปรุงล่าสุด 30/04/53

Introduction

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Fitzpatrick's Color Atlas and Synopsis of Clinical Dermatology > Section 32. Disorders of Hair Follicles and Related Disorders > Biology of Hair Growth Cycles > Glossary of Terms > Hair Follicle Cycle View in Context



Figure 56-3. Telogen effluvium in a postpartum woman. (Reprinted from *Clinics in Dermatology*,... Williams Obstetrics, 23e > Chapter 56. Dermatological Disorders > Skin Changes in

Pregnancy > Hair

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Asthma

From POSTGRADUATE MEDICINE / VOL 113 / NO 3

You often have trouble breathing, especially when you exercise or vacuum your carpet. But it also happens when you're not exercising. Sometimes you even wake up wheezing during the night. Your doctor tells you that you have asthma, a long-term disease that affects more than 17 million men, women, and children in the United States.

What is asthma?

Asthma is a disease in which a person's airways become inflamed, swollen, and narrowed, making it difficult for air to flow into and out of the lungs. When the airways are swollen, breathlessness and other symptoms of asthma occur.

What are the symptoms of asthma?

People with asthma may have chest tightness, coughing, wheezing, or shortness of breath. Children with asthma may have noisy breathing and may appear very tired after normal play or exercise.

What causes asthma?

No one knows exactly why some people have this condition. What *is* known is that asthma usually flares up in response to "triggers," which can be ordinary things in the environment at home, school, and work. For example, an asthma attack may occur when someone with asthma comes into contact with a pet, cigarette smoke, or pollen. Other common triggers include dust mites, mold and mildew, paint fumes, chalk dust, and cockroach parts and droppings. Symptoms that occur in asthma sometimes happen in people who have a viral or sinus infection or heartburn. These symptoms can also be caused by emotional stress, exercise, breathing cold air, taking certain drugs, or eating some types of food.

Who is most likely to have asthma?

People who have a parent with asthma are 40% more likely to have asthma. African Americans, Mexican Americans, and people who live in poor



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Australia Plans Plain-Packaging Rule for Cigarettes	02/23/2010, Health Technology Assessment, Teaching teens about sexually transmitted
BBC News	infections at school boosts factual knowledge, but does not necessarily translate to
Australia has set out plans for new rules forcing tobacco companies to use plain	increased condom use, according to a new evidence review from the United Kingdom.
packaging carrying graphic health warnings.	
	Zinc Supplements to Prevent Middle Ear Infections: Evidence Is Weak
4/29/2010	02/16/2010, Cochrane Library, A new Cochrane review did not find clear evidence that
Brain Stimulation Improves PD Signs but With Some Risk	taking zinc supplements reduces the occurrence of middle ear infections or otitis media in
MedPage Today	healthy children.
Adding deep brain stimulation to medical therapy for Parkinson's disease improved	
symptoms and physical function in a randomized trial, though the required surgery had	Breast Cancer Rates Decline Most for Affluent White Women
adverse effects for nearly 20% of patients, including one death.	02/10/2010, American Journal of Public Health, Breast cancer rates are declining, but
	some groups have seen a more significant decline than others, with race, ethnicity and
4/29/2010	economic background playing a part.
Gonorrhea May Become Untreatable as Antibiotics Efficacy Wanes, WHO Says	
Bloomberg	Spanish-Language Ads Get Message Across for Smoking Quit Lines
There is now "widespread resistance" to cheaper first- line antibiotics against the	02/10/2010, American Journal of Public Health, It pays to advertise. It especially pays to
bacterium that causes gonorrhea, the WHO's Western Pacific regional office said in a	auveruse in spanish ir you want spanish speakers to use a telephone helpline to quit

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Basic and Clinical Pharmacology >

Chapter 26. Local Anesthetics

Bertram G. Katzung, MD, PhD, & Paul F. White, PhD, MD

Sections in this chapter:

• Case Study • Local Anesthetics: Introduction

 Basic Pharmacology of Local Anesthetics

Clinical Pharmacology of Local Anesthetics

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CLINICAL PHARMACOLOGY OF LOCAL ANESTHETICS

Local anesthetics can provide highly effective analgesia in well-defined regions of the body. The usual routes of administration include topical application (eg, nasal mucosa, wound [incision site] margins), injection in the vicinity of peripheral nerve endings (perineural infiltration) and major nerve trunks (blocks), and injection into the epidural or subarachnoid spaces surrounding the spinal cord (Figure 26-4). Intravenous regional anesthesia (so-called Bier block) is used for short surgical procedures (< 60 minutes) involving the upper and/or lower extremities. This is accomplished by intravenous injection of the anesthetic agent into a distal vein while the circulation of the limb is isolated with a proximally placed tourniquet. Local anesthetic infiltration of autonomic sympathetic fibers can also be used to evaluate the role of sympathetic tone in patients with peripheral vasospastic disorders. Finally, injection of local anesthetics into so-called trigger points can be used for diagnostic and therapeutic purposes in patients with recurrent pain that is triggered by tactile stimulation.

Figure 26–4

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Schematic diagram of the typical sites of injection of local anesthetics in and around the spinal canal. When local anesthetics are injected extradurally, it is known as epidural (or caudal) blockade. Injections around peripheral nerves are known as perineural blocks (eg, paravertebral block). Finally, injection into the subarachnoid space (ie, cerebrospinal fluid), is known as spinal blockade.

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